" (5) That Gayatri has four feet and is sixfold. And
this is also declared by a *Rik* Verse (Rig Veda x. 90. 3).
" (6) Such is the greatness of it (of Brahman, under the
disguise of Gayatri) ; greater than it is the Person (Purusha).
His feet are all things. The immortal with three feet is in
heaven (i.e., in himself).
" (7) The Brahman which has been thus described (as
immortal) with three feet in heaven and as Gayatri) is the
same as the ether which is around us.
" (8) And the ether which is around us, is the same as
the ether which is within us. And the ether which is within us.
" (9) That is the ether within the heart. That ether
in/ the heart (as Brahman) is omnipresent and unchanging*
He who knows this obtains omnipresent and unchangeable
happiness."

For the exposition of the Gayatri mantram, *see* Chapte XIV of Part I of this Manual.

Section **XIII.**

t€ (1) For that heart there are five gates belonging
to the devas (the senses). The eastern gate is the Prana,
(up-breathing) that is the eye, that is Aditya, the sun. Let
a man meditate on that as brightness (glory of countenance)
and health. He who knows this becomes

bright and healthy.
<f (2) The southern gate is the *Vyana* (back-breathing),
that is the ear, that is the moon. Let a man meditate on
that as happiness and fame. He who knows this becomes
happy, and famous.
" (3) The western gate is the *ARana* (down-breathing),
that is speech, that is Agni (fire). Let a man meditate on that
as glory of countenance and health. He, who knows this
becomes glorious and healthy.
" (4) The northern gate is the *Samana* (on-breathing),
that is mind, that is Parjanya (rain). . Let a man meditate
on that as celebrity and beauty. He who knows this becomes
celebrated and beautiful.